



Northeast Dutchess Spring Community Day

Saturday, May 23, 2026 • 10 AM - 5 PM

SPECIAL EVENTS

10:30 AM – Qigong with Cris Caivano

Learn Qigong exercises to enhance health, flexibility, strength, and circulation. Surrounded by the open sky of Innisfree, we'll rejuvenate our spirits and build vibrant, relaxed energy for the season ahead. **\$35 General admission/\$25 Members & Northeast Dutchess residents**

2:30 PM – The Great Pollinator Ramble

Join us as a roving host of larger-than-life pollinator puppets created by Processional Arts Workshop inhabits Innisfree! Seek out 10 different species of bees, butterflies, beetles, and birds hidden among the greenery as you stroll the garden. **Participation is included in admission**

FREE ADMISSION for residents of Northeast Dutchess County and Innisfree members. Standard admission applies for all other visitors. See our website for details.

Berkshire Taconic
COMMUNITY FOUNDATION

This project is supported by a grant from the Northeast Dutchess Fund of the Berkshire Taconic Community Foundation.



Innisfree 362 Tyrrel Road, Millbrook NY 12545 • (845) 677-8000 • innisfreegarden.org